

<b>ADOLESCENT MENTAL HEALTH SERVICES DELIVERED BY NON-GOVERNMENT ORGANISATION</b>			
<b>15 January 2013</b>			
<i>(Services tabled according to the NGO's location - not geographical coverage)</i>			
<b>HHS</b>	<b>NGO</b>	<b>Address and Contact details</b>	<b>Service Summary and target group</b>
<b>Wide Bay</b>	Headspace Fraser Coast		A youth friendly hub providing general health, mental health and wellbeing, drug and alcohol, relationship, sexual health, and education and training to 12-25 year (yr) olds
	Bundaberg Area Youth Service (BAYS)		Counselling, court support, youth housing, access & referrals, youth café, advocacy for 12-24 yr olds. (QH funded)
<b>Gold Coast</b>	Headspace Gold Coast		A youth friendly hub providing general health, mental health and wellbeing, drug and alcohol, relationship, sexual health, and education and training to 12-25 yr olds
	Youth Outreach Drug and Alcohol Team (YODA)		Alcohol and drug outreach service (offering individual counseling sessions) for 12 to 25 yr olds, and educational early intervention programs
	St. Joseph's Youth Service		Youth Accommodation for 16-21yrs for up to 6 months. Outreach service target group 14-25yrs. Lifeskills and goal setting programs. Emergency relief.
	Reconnect		Family mediation for 12-18yo who are homeless or at risk of homelessness. Parenting programs and needs responsive groups programs as required
	Palm Beach Neighbourhood Centre		Financial counselling, Family, child and youth short term counselling, parenting programs, personal development workshops and self-help groups.
	Spiritus Amend Program (Assisting Mothers End the Need for Drugs)		An 18-session in home Relapse Prevention & Parenting Enhancement program to pregnant and parenting women who identify problems with alcohol and other drugs as well as support for their families. The program also provides direct counselling and support to children aged 0-18 who have been affected by a parent's or caregiver's substance use.
	Gold Coast Youth Service		Supports young people aged 12 to 25 years who are marginalised, at risk of homelessness or currently experiencing homelessness. Provides information and advice, referral,

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	<p>Expanded Horizons</p> <p>Rosie's Youth Mission</p> <p>SCISCO Career Pathways</p> <p>Gold Coast Project for Homeless Youth Inc.</p> <p>YHES House - Youth Health &amp; Education Service</p> <p>Headspace Southern Downs</p> <p>QPASTT (Qld Program of Assistance to Survivors of Torture and Trauma)</p>		<p>advocacy, assistance to access accommodation services and access to laundry &amp; shower.</p> <p>A suicide prevention program that supports at risk youth aged 12-25 including Lesbian, Gay, Bisexual, Transgender, Intersex, Sistersgirls &amp; Questioning (LGBTISQ) &amp; youth from CALD backgrounds. Also facilitates a LGBT youth group called QSpace.</p> <p>Street Outreach to the Homeless, Court Support Program, Visitation and socialisation program to the women prisoners in Numinbah Correctional Centre, Visitation to the young detainees at the Brisbane Youth Detention Centre and Social Justice Educational Program (street retreat) for senior students</p> <p>Youth Connections - Employment career pathways and education support for youth aged 14 - 18 with multiple barriers at risk of/disengaging from school, not in employment or full time study.</p> <p>Accommodation, facilities, living skills &amp; welfare advice for young people aged 12-17 homeless or at risk.</p> <p>Community organisation providing free services to youth and young parents (12 to 25 yrs) through individual support, counselling, advocacy &amp; referral small groups such as childbirth education, new parent groups and health education</p> <p>A youth friendly hub providing general health, mental health and wellbeing, drug and alcohol, relationship, sexual health, and education and training to 12-25 yr olds</p> <p>Services to people from refugee backgrounds including asylum seekers who have survived torture or war related trauma. Includes services to adults, young people, children and families in the form of counselling, advocacy, group work, psycho education, information sessions, recreational programs and natural therapies.</p> <p>Counselling and mental health programs for children and teenagers.</p> <p>General health, mental health and wellbeing, drug and alcohol, relationship, sexual health, and education and training to 12-25 yr olds</p>
<b>Darling Downs</b>			
<b>West Moreton</b>	<p>Anglicare Southern Qld</p>		
<b>Townsville</b>	<p>Townsville Headspace</p>		

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	<p>Lifeline Child &amp; Adolescent Support Program Access Service (CASPAS) - Townsville.</p> <p>QPASTT (Qld Program of Assistance to Survivors of Torture and Trauma)</p>		<p>Program for children whose parent/s have a psychiatric disability and minimise the caring responsibilities of these young people.</p> <p>Services to people from refugee backgrounds including asylum seekers who have survived torture or war related trauma. Includes services to adults, young people, children and families in the form of counselling, advocacy, group work, psycho education, information sessions, recreational programs and natural therapies.</p>
<b>Cairns</b>	<p>Headspace Cairns</p>		<p>A youth friendly hub providing general health, mental health and wellbeing, drug and alcohol, relationship, sexual health, and education and training to 12-25 yr olds</p>
	<p>Time Out House Initiative (Aftercare)</p> <p>QPASTT (Qld Program of Assistance to Survivors of Torture and Trauma)</p>		<p>Sub-acute residential and early intervention mental health support service for adolescents 14-17 yr olds (QH Funding ends 28/2/13)</p> <p>Services to people from refugee backgrounds including asylum seekers who have survived torture or war related trauma. Includes services to adults, young people, children and families in the form of counselling, advocacy, group work, psycho education, information sessions, recreational programs and natural therapies.</p>
<b>Metro South</b>	<p>Headspace South Brisbane</p> <p>Logan Youth and Family Services</p> <p>Logan Youth Legal Service</p> <p>Griffith Youth Forensic Service (GYFS)</p>		<p>A youth friendly hub providing general health, mental health and wellbeing, drug and alcohol, relationship, sexual health, and education and training to 12-25 yr olds</p> <p>Mental health, drug and alcohol, family and relationship, education and training, financial counselling, legal advise, disability support, housing and tenancy advice to people of all ages</p> <p>Free legal information and advice to young people aged under 18 in Logan City and surrounding areas. Some outreach services beyond this geographic area if service has capacity.</p> <p>Provides specialist forensic psychological assessment and treatment services to youth who are sentenced in courts in relation to sexual offence matters. Referrals are received via</p>

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BoysTown		Court Order or Youth Justice Orders. Provides support to disadvantaged children and youths aged to 25 with life challenges that include: physical and emotional abuse, alcohol and drug abuse, homelessness, low literacy, long-term unemployment and mental illness. Services include one-on-one counselling to young people and their families via Kids Helpline and Parentline telephone and online help.
ISIS – The Eating Issues centre Inc		Support, therapy, counseling for people 16 yr and over with serious eating issues
Brisbane Youth Service		Community based organisation that works with homeless or at risk young people aged 12 – 25 years. Services range across several levels of immediacy and intensity from basic needs such as food and showers though to intensive personal support. It includes an on-site mental health outreach clinic.
Open Doors Youth Service		Counseling and support for lesbian, gay, bisexual and/or transgender (LGBT) young people aged 12 to 24 living in SE Qld.
BABI Youth and Family Support		Provides a range of holistic and integrated services to young people and their families including prevention, therapeutic intervention and support services.
Anglicare Southern Qld		Counseling and mental health programs for children and teenagers.
Carina Youth Agency		Housing and support for young people with high and complex needs between the ages of 14 – 25. Services include counselling, accommodation, assistance with living skills, educational and vocational support.
Teen Challenge Qld		Addiction related Crisis Accommodation; Outreach Services; Residential Rehabilitation; and Training. For youth and young

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<b>Metro North</b>	MICAH Projects Inc		adults.
	QPASTT (Qld Program of Assistance to Survivors of Torture and Trauma)		Services to young people and families, mental health and disability support, homelessness services, young mothers programs, domestic violence assistance etc to people all ages Services to people from refugee backgrounds including asylum seekers who have survived torture or war related trauma. Includes services to adults, young people, children and families in the form of counselling, advocacy, group work, psycho education, information sessions, recreational programs and natural therapies.
	Bridges Reconnect (Lutheran Community Care)		Provides early intervention and prevention and counselling support to young people between 12 and 18 years and their families.
	MAD ASSOCIATION Incorporated trading as Smart Arts Clubs		Assisting young carers of parents with mental indifferences delivering circles of support. Providing positive participation opportunities to foster better mental wellbeing. Various meeting locations.
	Carer's Qld Young Carer's Program		Statewide assistance (information, support, carer workshops and counselling) to young people who care for a family member
	Spiritus Youth Support Service		Provides young people at risk of homelessness aged 12 to 17, and their families, with crisis. Counselling and/or mediation services are offered to all young people. Semi independent accommodation available to young people over 16 yrs.
	Headspace Nundah		A youth friendly hub providing general health, mental health and wellbeing, drug and alcohol, relationship, sexual health, and education and training to 12-25 yr olds
	Dovetail		Clinical advice and support to services and communities across Queensland who engage with young people affected by alcohol and other drug use
Qld Youth Housing Coalition	A peak body advocating for young homeless people and supporting the services that work with them. Youth housing and accommodation information; Youth Support Coordinators (YSCs); Website provides emergency accommodation providers.		
Youth Emergency Services	Accommodation, support to 12 to 25 yrs who are homeless, or at risk of homelessness. Manage Windsor House (immediate response 15-18 yr olds), Sandgate House (Transitional program 15-18 yr olds) and Nundah House (supported transitional program		

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<b>Sunshine Coast</b>	Drug Arm		16-25 yrs) Offers outreach and health services to substance affected people including young people at risk of homelessness and disadvantaged groups. Offices across south east, south west, and central Queensland.
	Youth Advocacy Service		Legal, social and youth work assistance to young people between 10 and 16 yrs of age living in the Brisbane region
	Hot House Finney Road		Health and welfare services to 17-25 yr olds primarily effected by drug and/or alcohol issues.
	Community Living Association		Housing, mental health, literacy, social enterprise, criminal justice, literacy, employment services for young people with an intellectual disability
	YHES House - Youth Health & Education Service		Free services to youth and young parents (12 to 25 yrs) through individual support, counselling, advocacy & referral small groups such as childbirth education, new parent groups and health education
	Anglicare Southern Qld		Counselling and mental health programs for children and teenagers.
	Kids Helpline		A free 24/7 counselling service for young people aged 5-25 years. Counselling is offered by phone, email and over the web
	CREATE Foundation		National peak body representing the voices of all children and young people in out of home care. Coordinates a range of programs and events for children and young people in the care system.
	Integrated Family and Youth Service (IFYS)		Provides a range of specialist support and intervention programs (Including accommodation support and counselling) for children, young people and families. Regional offices in numerous locations through Qld ranging from Gold Coast through to Cairns.
Sunshine Coast Koping Program – associated with COMPI (Children of Parents with a Mental Illness – based in South	Collaborative group supporting children and young people in a family system affected by mental health and/or dual diagnosis issues (COPMI promotes better mental health outcomes for children of parents with a mental illness) Gaining Ground group and camps for 13-17 yr olds, Peer support groups and Family		

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<b>National programs – (no Qld-based office)</b>	Australia) Carers Australia – Young Carers Program		days in school hols. Connects individuals to local carers associations to support young people carrying out a caring role e to gain supports and services.
	Youthbeyondblue		The arm of beyondblue specifically focusing on young people 12 to 25 yrs. Programs and projects centre on early intervention and prevention of high prevalence mental health problems for young people and also on increasing awareness and understanding of depression, anxiety and related disorders in Australian Youth.
	Sane Australia		National program providing information, advice and referral to all ages including young people. Runs Sane Helpline and Sane Helpline Online services.
	Reach Out		A web-based service that aims to improve the mental health and wellbeing of young people aged 14-25 years by providing them with information, support and skills development and by working with health professionals to strengthen the pathways between online and community based service delivery.