

WM HHS Transitional Service Options Plan

Recovery oriented treatment and rehabilitation for young people, aged 15 – 21years, with severe and persistent mental health problems that are unable to be cared for within existing service options

Phase 1 Activity Based Holiday Program

Site – The Park
16 December 2013 – 24 January 2014

Phase 2 West Moreton Transitional Service:

- Intensive Mobile Outreach Service
- Day Program
- Supported Accommodation

Site – West Moreton HHS (?Goodna Community Health)
29 January 2014 – December 2014

Phase 3 Transition to State-wide Adolescent Extended Treatment and Rehabilitation Services*

*Details to be defined via the Statewide AETR Strategy, under leadership of CHQ HHS

Target population

Current BAC inpatients and day patients (as clinically safe and indicated)
Severe and persistent mental health problems – rehabilitation
Medium to high level of acuity

Referral Process

BAC Assessment and Referral

Overview of service / treatment

Qld Health delivered program
Activity and socialisation focus
Monday to Thursday school hours

Staffing Required

Core staff:– Aftercare team (clinical and other) + BAC staff

Length of Program Delivery

Up to length of Christmas School Holidays 2013/14

Governance

WM HHS

Target population

Current BAC inpatients and day patients (voluntary status) 15y-21y
New patients meeting criteria from other HHSs – previously eligible for referral to BAC
Severe and persistent mental health problems – rehabilitation
Medium to high level of acuity
Patients can receive any of the treatment options, packaged as indicated by clinical presentations

Referral Process

CYMHS Assessment and Referral
State-wide Clinical Referral Panel (WM HHS lead)

Overview of service / treatment

Intensive Mobile Outreach Service: 7 days / extended hours
Delivered in least restrictive environment and utilising a recovery model – range of flexible outreach services for engagement, treatment & rehabilitation to assist young people to meet their developmental tasks in the context of recovery from mental health presentations
Day Program: Monday to Thursday school hours and school terms
Delivered in a therapeutic milieu – range of facilities in community
Individual, family and group therapeutic & rehabilitation programs
In-reach DETE
Supported Accommodation: 7 days
Delivered in a therapeutic milieu – domestic style facility
In-reach West Moreton clinical team

Staffing Required

Core staff:– Aftercare team (clinical and other) + identified WM clinician/s

Length of Program Delivery

IMOS & Day Program: Up to 12 months, Supported Accom: Up to 6 months

Governance

WM HHS and Aftercare

Target population

As per State-wide Adolescent Extended Treatment and Rehabilitation Strategy

Governance

CHQ HHS

Key Issues:

- Individual transition plans to 'home' HHS will continue as priority – continue to engage other HHSs in planning process
- Need to focus on individual recovery – orientated packages of care, that reintegrate and reconnect young people to their communities, family, school/vocation and local mental health services
- Clinical safety and risk mitigation are key priorities in decision-making
- Imperative at all levels to ensure no gap to service delivery for BAC consumers
- Interface between QH and DETE is high priority – Alignment between QH and DETE model of service delivery will require immediate negotiation