

## PROPOSED Statewide Adolescent Mental Health Extended Treatment and Rehabilitation Service Continuum

Recovery oriented treatment and rehabilitation for young people, aged 13 – 17 years, with severe and persistent mental health problems

Step Up to Acute Inpatient Care (out of scope)					
Service Element	Assertive Community Treatment Service	Day Program	Step Up/Step Down Unit	Subacute Bed-Based Unit	Residential Rehab Unit
<b>Overview</b>	Provides ongoing recovery-oriented assessment, assertive treatment, and care through intensive mobile interventions in a community or residential setting.	Provides a flexible range of intensive therapy, extended treatment and rehabilitation options within a therapeutic milieu.	Provides short term residential treatment with services from specialist trained mental health staff with NGO support.	Provides medium term intensive hospital-based treatment and rehabilitation services in a secure, safe, structured environment.	Provides long term accommodation and recovery-oriented treatment with inreach services from specialist trained mental health staff with NGO support.
<b>Primary Referral</b>	CYMHS	CYMHS	CYMHS / Acute Inpatient Unit	Statewide Admission Panel	CYMHS or Adult Mental Health Services
<b>Profile</b>	Supportive intensive services required out of hours. No fixed address or living in residential accommodation. High risk of disengagement from treatment services. Absence of bed-based or day program options in local community.	Home environment is supportive enough to ensure safety and/or access to CYMHS. Does not require inpatient care. History of school exclusion or refusal. Poor social skills requiring group-based work. Live within a geographical area in proximity to the day program.	Young person requires increased intensity of treatment to prevent admission into acute inpatient units (Step Up). Enables early discharge from acute/sub-acute inpatient units (Step Down). Safety not ensured at home. Does not allow for involuntary detention as not gazetted MH facility.	Level of acuity or risk requires inpatient admission. Improvement in mental health not expected to occur within short term: measured in weeks/months. Requires therapeutic milieu not provided by acute inpatient unit. Allows for involuntary detention.	16-21 year olds who are able to consent to treatment (Gillick competent). Home environment is not supportive enough to ensure safety and/or facilitate access to mental health services. Requires additional support to develop independent living skills. Does not require inpatient care.
<b>Hours of Operation</b>	Flexible, with capacity for extended hours	Business hours, Monday to Friday, with capacity for some extended hours.	24 x 7	24 x 7	Mental Health: Flexible, with capacity for extended hours. Residential: up to 24 x 7
<b>Length of Stay</b>	Case-by-case basis	120 days; maximum of 180 days	28 days	120 days; maximum of 180 days	Up to 365 days
<b>Unit Size</b>	Minimum 2 staff per service	10-15 adolescents per day	12-14 beds	8-10 beds; seclusion room	10 beds
<b>Education</b>	Support local schooling	On-site; Distance Education and/or support local schooling	In-reach; Distance Education and/or support local schooling	On-site and/or Distance Education	Support local schooling
<b>Location</b>	Community CYMHS	Hospital campus or gazetted community mental health facility	Residential area located close to an acute mental health unit	Hospital campus	Residential area
<b>Governance</b>	Local HHS	Local HHS	Local HHS	CHQ HHS	Local HHS NGO operated
<b>Clinical Funding*</b>	\$0.237m	\$1.056m	\$2.224m	\$3.993m	NGO staff \$0.541m CYMHS inreach \$0.110m
<b>Existing in Qld</b>	Nil	Mater Toowoomba Townsville	Nil	Nil	Nil
<b>Proposed</b>	North Brisbane Logan Redcliffe-Caboolture Sunshine Coast Rockhampton Bundaberg/Wide Bay Cairns	South Brisbane Gold Coast Ipswich Toowoomba Mackay Townsville	North Brisbane (critical) South Brisbane (Logan) Gold Coast  [Dependent upon NGO sector appetite; provider agnostic]	North Brisbane South Brisbane North Qld  1 BBU in CHQ catchment	Cluster based (North/Central/Southern)  [Dependent upon NGO sector appetite; provider agnostic]
<b>Total Projected Clinical Funding</b>	\$3.555m (Excluding some on-costs, e.g. cars, etc.)	\$3.168m	\$6.672m	\$3.993m	Staffing: \$0.651m + facility leasing and on costs per unit.
<b>Evidence-Informed</b>	Intensive Mobile Youth Outreach Services (IMYOS), Victoria Mobile Intensive Team (Adult), Qld	Existing Qld Day Programs – endorsed state-wide Model of Service Adolescent Drug and Alcohol Withdrawal Service (ADAWS)	Y-PARC, Frankston and Dandenong, Victoria	Walker Unit, Concorde Hospital, NSW	Time Out House Initiative (TOHI), Cairns Therapeutic Residentials (DCCSDS) Victorian Youth Residential Models, Nous Group Report Evaluation of the Therapeutic Residential Care Pilot Program, VERSO (2011)
Underpinned by Community CYMHS (out of scope)					

\* Figures are indicative only and subject to review by professional leads – NB: these figures are for clinical labour costs only (non-labour and non-clinical labour costs have been not included at this stage).

\*\* A phased approach to service implementation is under development.

\*\*\* CYMHS staffing is currently at 58% of FTE target capacity (by 2017) as noted by the Qld Mental Health Plan (NB: Mental health planning will adopt an outputs-based approach in future).