

The continuum of care identified in the introduction demonstrates the different levels of service provision. Good outcomes are achieved when there is good communication, consultation and liaison and working relationships between services that result in young people and their families quickly accessing the most appropriate service for their needs.

There is anecdotal evidence that expanding CYMHS to include young adulthood results in improved service provision to 18 to 25 year olds, more developmentally appropriate service provision to older adolescents and young adults and addresses the negative impact of transition at 18 years of age. It is recommended that there is further exploration of the possible efficacy of such service provision in Queensland with a view to possible resourcing and development of expanded CYMHS services. Any expansion of population served by CYMHS must come with resources to meet that need.

Appropriate robust evaluation of services is essential and, if it provides timely, useful feedback to clinicians and those involved in service development and improvement, it is welcomed.

The determinants of onset and prognosis in mental illness are multimodal, encompassing genetic, biological, family and social factors. For those with severe illness, psychiatrists and Mental Health Services cannot achieve positive outcomes in isolation. Attention must also be paid to provision of intervention and support in education and vocational training, housing, and in wider issues such as addressing poverty. RANZCP supports attention to all the determinants of mental health in the population.

Kind regards

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¹: [https://www.health.gov.au/internet/main/publishing.nsf/Content/9DA8CA21306FE6EDCA257E2700016945/\\$File/child2.pdf](https://www.health.gov.au/internet/main/publishing.nsf/Content/9DA8CA21306FE6EDCA257E2700016945/$File/child2.pdf)

²: <http://www.qgso.qld.gov.au/products/reports/qld-govt-pop-proj/qld-govt-pop-proj.pdf>

³ <https://www.mja.com.au/journal/2015/202/10/changes-psychological-distress-and-psychosocial-functioning-young-people>