

Statewide Adolescent Extended Treatment And Rehabilitation Strategy Parents' Presentation

Hello and thank you for your submission regarding the Statewide Adolescent Extended Treatment and Rehabilitation Implementation Strategy (SW AETRS). Your input and comments are sincerely appreciated.

We would now like to extend an invitation to parents of children currently admitted at the Barrett Adolescent Centre to present this submission to the SW AETRS Steering Committee.

Meeting Details:

9.15am – 10.45am (please arrive at 9am to be signed in)

Monday 4th November 2013

Child and Youth Mental Health Services Unit

Corners Roger and Water Streets Spring Hill (parking is available via Roger St entrance)

Frequently Asked Questions

Question 1: What is the purpose of the Statewide Adolescent Extended Treatment and Rehabilitation Strategy Steering Committee?

The purpose of the SW AETRS Steering Committee is to oversee the implementation of the Statewide Adolescent Extended Treatment and Rehabilitation Implementation Strategy, and provide a decision-making, guidance, and leadership role with respect to mental health service planning, models of care, staffing transition, financial management and consumer transition associated with adolescent extended treatment and rehabilitation services.

Question 2: What is the purpose of the Parents' Presentation?

The Parents' Presentation is an opportunity for parents of children currently admitted at the Barrett Adolescent Centre to engage with the Steering Committee. This forms part of a broader engagement strategy to gather input for the design and development of improved mental health service options for adolescents.

The Committee are very interested to hear your submission to raise their understanding of your experience and perspective, and to inform an enhanced child and family centric model of care for the future. All due respect and consideration will be given to your family's privacy and personal situation.

Question 9: How long will I have for the presentation?

You will have 30 minutes with the Steering Committee, commencing at 9.15am. We would like to suggest you allocate 20 minutes for the presentation and 10 minutes for questions and answers from the Steering Committee to clarify any points of the presentation.

We will also undertake a debriefing session with you immediately following the presentation which could take from 10 – 20 minutes. We will be guided by you on the duration of this debriefing session.

Question 3: Will all of my suggestions be implemented?

A range of stakeholders from across the state, and interstate, have been consulted on adolescent mental health services and contemporary models of care. This has included mental health clinicians across nursing, allied health and medical professions, non-government organisations, carers, consumers, and families. The aim of this extensive consultation is to consolidate input from all stakeholders, together with

evidence-based research, to create a service model to best meet the needs of youth across Queensland. Your submission will absolutely be considered as part of this process, however, it must be noted that some of your suggestions may not be implemented.

Question 5: Does my child need to attend the presentation?

No, your child does not need to attend the presentation. Again, we understand that this could be a potentially unsettling and emotional process for you. Even though we will make every attempt to create a relaxed environment when talking with the Committee, and make you feel as comfortable as possible, it might be a little daunting for a child.

Question 6: Will my child's clinical care team be attending the presentation?

No, your child's clinical care team will not be in attendance at the presentation. (Not sure about this??? Is Elisabeth part of the clinical care team?)

Question 7: Who else will be at the presentation?

Only Steering Committee members will be present during your presentation.

Question 8: What if I freeze up during the presentation?

At any time during your presentation, should you wish to take a break, freeze up, or finish the presentation, please indicate to the CHQ clinical lead and they will immediately cease the presentation. A separate break out room will be available for you to move to should this be required.

Question 10: Do I need to prepare anything or do I just turn up and start talking?

You are not required to undertake any preparation for the presentation unless you would like to. If you would feel more comfortable with some notes to prompt your thinking in the presentation then please feel free to do so. The Committee will have read your written submission prior to the presentation, so they will be familiar with the content.

Question 11: Is it up to me to take the lead in the presentation or will someone else assist?

The Steering Committee Chair will take the lead in the presentation. When you are ready, you will then be invited to lead on from there.

Question 12: Can I ask questions of the Steering Committee?

The purpose of this presentation is for you to have an opportunity to present your submission to the Steering Committee. The Committee will not, however, enter into discussions regarding future adolescent mental health service options. This initiative is still in a consultation phase and no decisions have yet been made regarding the future model of service.

Question 4: How will you support me through this process?

We understand that this could be a potentially unsettling and emotional process for you. Our aim is to provide every available support to you at the Committee meeting and directly after. Prior to the committee meeting we will contact you to ensure you are clear about the purpose of the Parent Presentation and to identify any support services that you may require. During the presentation, a CHQ clinical lead will introduce you to the Committee and be a moderator throughout the presentation. Immediately following the presentation, a CHQ clinical lead will undertake a debriefing session with you. At the end of this debriefing session, we will discuss whether you think you might like any additional support assistance and, if required, we will make the appropriate arrangements. Finally, and if agreed by you, we will contact you one week after the presentation to see how you are. It is at this time that further support services can also be arranged if required.