

From: Leanne Geppert
Sent: 11 Jul 2013 17:43:28 +1000
To: Kelly, Sharon
Subject: YPARC email trail for your info

Hi Sharon
Looks like Bill sent Stephen a copy of the YPARC model of service, based on comment Stephen made below.
Happy reading, L

Leanne
Why are they hanging on to this Tier 3 nonsense? I had thought we could not have been clearer that there was no \$ and no support for the model.
Bill

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>>> Bill Kingswell [REDACTED] 11/07/2013 14:18 >>>

Stephen

Thanks for this we will take your advice for consideration.

The tier 3 recommended by the ECRG Is at odds with the National MHSPF and will struggle to attract attention in the ABF model priority for state funding as the NMHSPF currently stands. That might change

Regards Bill K

On 11/07/2013, at 10:15 AM, "Stephen Stathis" [REDACTED] wrote:

G'day Bill

I've had a look over this; was not previously aware of the Y-PARC Model. I've had googled the Model: certainly seems to have caught on in Victoria, with 3 Y-PARCs

(Peninsula, Frankston and Dandenong) and 14 adult PARCs, with a number of new ones to be rolled out. Not sure if they are going to be adult or youth.

I understand the model will need to be tweaked for Queensland conditions. I do have a number of questions:

1. Seems that the Victorian Y-PARCs are specifically aligned to local catchment areas. Point 5 (p.6) of the Y-PARC Draft Service Framework that you sent me indicates that the Model is based within local catchment areas. Close involvement with the YP's community case manager while they are in Y-PARC supports this. This certainly is what happens in Victoria - it is stated very clearly on their web site/s. The Draft Framework does state that the operating principles can be locally adapted to rural and metropolitan settings, though it does not state how. I can find no provision for statewide cover within the model. I understand this will always be a difficult issue in such a diverse and large state as Qld. This will need to be addressed and would be at variance from the Y-PARC model of service.
2. Age range: Will need to drop from 16-25 to 13-18. Major issues will be an increased focus on education (vs. vocational training and accommodation, especially for the younger adolescents). There will also need to be a greater emphasis on family-based interventions. I suspect many of the older adolescents and young adults in the Victorian Y-PARCs will be discharged back to independent or semi-independent/supported accommodation. However, given our younger cohort many of the children will need to be returned back home. The Model talks alot about collaboration and working with families, though does not emphasise family therapy based interventions. Makes sense for older adolescents and young adults who are not returning home. This will need to be considered for our younger cohort.
3. Time Frame: Model works on a 28 day time frame. This is much shorter than the time frames recommended by the ECRG. It is noted in the Introduction that Y-PARCs are "not designed as continuing, medium or long term residential recovery programs". With the closing of the Barrett, Queensland will not have any medium or long term residential recovery programs for adolescents. Not sure about Victoria. If Victoria does have these programs, the model may not work in Queensland (i.e. it has been developed as a semi-acute residential program for up to 1 month with the provision for adolescents requiring longer term treatment to be moved on to other medium-long term residential programs.
4. Step Up/ Step Down Model. The Framework emphasises a Step Up/Step Down Model. I suspect that Cairns and Logan have been chosen because of their Time Out Houses. While I understand the reasons you mentioned on why Cairns is a good option, they obviously don't have a adolescent inpatient unit. So the Step Down Model won't work (unless adolescents are transferred back from Townsville). Would it not make sense to locate it at Townsville? Townsville would then have an integrated hub of services; Inpatient, Y-PARC, CYMHS and Evolve. Re Logan: Seems like a good fit. Would there be no consideration to run a Y-PARC in North Brisbane too? South of the River will be covered QCH (Adolescent Unit), Logan, Robina and Toowoomba. Plus the Day Unit at QCH (if there is no Day Unit established North of the River, the waiting times are going to double). North of the river will only be covered by the AIU. Clear inequity here.
5. Funding: Y-PARC model calls for Mental Health Clinicians to be onsite during the entire week covering daytime and evening hours (6.5.1). Goes to the intensive rehab program provided by the model (which is good); though this will be expensive. Youth workers are on site 24/7 (obviously). So Clinicians double up with Youth Workers, particularly over week ends. Under the Model, youth workers are unable to administer medication. I presume a nurse (Mental Health Clinician) is required to do this. What is the estimate of the costs for both Y-PARCs. Has this been done??

6. Schooling/Education: Whilst its importance is mentioned, there is not discussion on how it is rolled out. As Y-PARC works within a local catchment area, I presume the adolescents go to their own local school? This would not be the case for a statewide service. What are the plans for the current schooling funds at Barrett??

7. Other issues:

- a. Y-PARC Model will address some of the Tier 2b issues recommended by the ECRG. Does the MHAODB have plans to roll out Day Units (as part of the Tier 2a recommendations of the ECRG)? If so, any ideas where - see my point 4. ECRG noted risks involved if Barrett closes and there is no provision for Tier 3.
- b. Y-PARCs are voluntary; may not be suitable for young people on an ITO, especially if they are an absconding risk.
- c. Y-PARC does not accept private referrals. This would exclude patients and families of private C&A psychiatrists who may need admission.
- d. A number of organisational issues (such as CIMHA access, paperless vs. paperlite charting etc) all of which are relatively minor and easily resolved.

Overall:

1. Good model for Victoria. Could be adapted to Queensland conditions, though the Model is set up for local catchment areas and not as a statewide service. I like the Step Up/Step Down provisions. Not sure if Cairns is the best fit. Townsville would better suit the Model.
2. Age range and associated issues need serious consideration.
3. I am concerned that Victoria has medium or long-term recovery programs that we don't have here (I may be wrong) - and Y-PARC has been modeled to fit between acute services and these longer-term services. If that is the case, the model may struggle here in Qld.
4. Above thoughts made without any understanding of costings.

Finally: A Day Unit for North Brisbane is critical - can't discount Tier 2a (and Tier 3) recommendations of the ECRG that were endorsed by the Planning Group.

I am sure there are issues I have missed - read this quickly last night. Happy to be consulted or part of a planning group.

Trust this is of some help.

Cheers

Stephen

Dr Stephen Stathis
Clinical Director
Child and Youth Mental Health Service

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>>> Bill Kingswell [REDACTED] 9/07/2013 11:27 am >>>
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