

**WEST MORETON HOSPITAL AND HEALTH SERVICE**

**The Park – Centre for Mental Health**  
*Treatment, Research and Education*

**BARRETT ADOLESCENT CENTRE**

Enquiries:

Telephone: [REDACTED]

Facsimile: [REDACTED]

Dear Parent/Carer

**RE: \*’s transition plan**

Our team is currently in the process of formulating an individualised transition plan for \* to allow for an optimal return to the community. A number of services have been considered for \* that ensures a co-ordinated and thorough approach to their continued care. Additional information will be provided to you as required and support offered during this process. A summary of these services include:

**Medical/mental health supports**

- CYMHS/Private Psychiatrist/Private Psychologist  
DETAILS & CONTACTS

- GP  
DETAILS & CONTACTS

*It is recommended that a GP be allocated for medication distribution & medical care.*

**Support services**

- Headspace  
DETAILS & CONTACTS

- BYS  
DETAILS & CONTACTS

- Open Minds/PHaMs  
DETAILS & CONTACTS

*A referral has been made on \*’s behalf dated \**

**Office/Postal**  
 Barrett Adolescent Centre  
 C/- The Park – Centre for Mental Health  
 Locked Bag 500  
 SUMNER PARK BC Q 4074

Telephone: [REDACTED]

Facsimile No: [REDACTED]

- Hot house  
DETAILS & CONTACTS  
\* is currently attending ...

### Vocational/educational links

- Access 10 via Brisbane Distance Education  
DETAILS & CONTACTS/process

### Financial supports

- Centrelink  
\* is currently receiving ...or is eligible to receive ...

### Crisis support services

(eg. From SD's document for BB)

Crisis Services	
<b>Ambulance</b>	<p>Emergencies: 000 General enquiries: 13 QGOV (13 74 68) <a href="https://ambulance.qld.gov.au">https://ambulance.qld.gov.au</a></p>
<b>Police</b>	<p><b>Emergencies: 000</b> <b>Crime Stoppers: 1800 333 000</b> <b>Policelink: 131 444 (Non urgent property reporting and QPS general enquiries 24/7)</b> <a href="http://www.police.qld.gov.au">www.police.qld.gov.au</a></p>
<b>Kids Helpline</b>	<p>If you need to speak to a counsellor, call <b>1800 55 1800</b>, 24 hours a day, 7 days a week. If you can't get to a phone, try our <a href="#">email</a> or <a href="#">web counselling</a> services.</p> <p>Phone counselling When kids call Kids Helpline, they are connected to a counsellor after listening to a message about the counselling process, including privacy and confidentiality information. All calls are private and confidential unless a Duty of Care situation arises. A Duty of Care situation occurs when:</p> <ul style="list-style-type: none"> <li>• A child is being hurt or neglected</li> <li>• A child is seriously thinking about hurting him/herself</li> <li>• A child has hurt, or is seriously thinking about hurting someone else</li> <li>• If we have significant concerns about a child's health and safety</li> </ul> <p>If we suspect that one of these situations is happening, we will do all we can to ensure that the child and others remain safe. This includes encouraging the child to provide information about themselves such as their name and where they are. Calls to Kids Helpline are free from mobile phones, landlines and public telephones.</p> <p>Web counselling Web counselling allows young people to talk one-on-one, real time with a Kids Helpline counsellor. It works in the same way as phone counselling, but takes place over the web.</p> <p>Email counselling Young people can access Kids Helpline email counselling 7 days a week. Email counselling is also very popular so it can take a while for a counsellor to respond to an email. We suggest that kids use our phone counselling service if their problem is urgent, or if they need to speak with someone straight away.</p> <p><b>For general information please contact:</b> Kids Helpline Administration GPO Box 2469, Brisbane QLD 4001 <b>Phone:</b> 07 3369 1588 <b>Fax:</b> 07 3367 1266 <b>Email:</b> <a href="mailto:admin@boystown.com.au">admin@boystown.com.au</a></p>

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	<p><b>Opening hours:</b> Kids Helpline Administration is open 8am - 5pm, Monday to Friday.</p>
<p><b>Relationships Australia Qld</b></p>	<p>If you have specific questions or concerns about your relationship, family, or any other aspect of your personal life, please <b>call our Client Contact Centre on 1300 364 277</b> to discuss which of our services will best support you at this time.</p> <p>Please note we are not a crisis service. If you need urgent help, call Lifeline on <b>13 11 14</b>.</p> <p>If you have a general query about Relationships Australia (Qld) or our website, range of services, or you wish to make a comment, please complete and submit the form below. Remember to include your name, email address, and the subject matter of your query so that we can respond to you. Please consider carefully what personal information you include on this form, as the security of information travelling to us via our website cannot be guaranteed.</p> <p>Address: <b>14 Brisbane St, Ipswich, QLD 4305</b>  <b>Phone:</b> 1300 364 277  <b>Website:</b> <a href="http://www.raq.org.au">www.raq.org.au</a></p>

We will endeavour to support \* with engaging with these services to allow for an optimal transition from Barrett Adolescent Centre into the community. Additional supports may be suggested throughout the process to best meet the needs of \* and your family circumstances.

Kind regards